

Church of God Sunday School

A PLEASING WALK (ENOCH)

Genesis 4:25 — 5:29

Have you ever taken a walk with your mother or father? If you were unsure or afraid, all you had to do was reach up and take hold of his or her hand and you would feel safe again. Can you imagine how it must feel to walk with God? You would not have to be afraid or wonder where you are going.

The Bible tells of men who "walked with God." How wonderful that must have been! They not only believed in God, but they walked and talked with God. They had a close relationship with God. This lesson is about one of those men.

Adam and Eve must have felt very sad to learn that their oldest son, Cain, had killed his brother Abel. Later on, God gave Adam and Eve another son. His name was Seth. When Seth grew up, he had a son named Enos (*EE-nuss*). "Then began men to call upon the name of the LORD."

At this time, people lived much, much longer than they live today.

- **Adam** lived to be 930 years old.
- Adam's son, **Seth**, lived to be 912.
- Seth's son, **Enos**, lived to be 905.
- Enos' son, **Cainan** (*kay-I-nuhn*), lived to be 910.
- Cainan's son, **Mahalaleel** (*ma-HAY-luh-lee-uhl*), lived for 895 years.
- Mahalaleel's son, **Jared** (*JAIR-id*), lived for 962 years.
- Jared's son, **Enoch** (*EE-nahk*), lived for 365 years.
- Enoch's son, **Methuselah** (*mih-THOO-suh-luh*), was the oldest man who ever lived. He lived for 969 years!

The Bible has a long list of Adam's children, grandchildren, great-grandchildren, and so on. In this list we can read how long each man lived and the name of his son. Enoch is in this list, but there was something special about Enoch. The Bible says that "Enoch walked with God."

How did Enoch know about God? He did not have a Bible to read. His

mother could not have told him many

Bible stories, for most of them had not happened yet. But Enoch did have parents, grandparents, and great-grandparents who knew about God. Enoch's great-great-great-great-grandfather was Adam. No doubt, Enoch had often heard the stories of the Garden of Eden, of the first sin, and of Cain and Abel.

From these stories, Enoch would have learned how great and perfect God is and how much God hates sin. Something Enoch learned must have caused him to desire a relationship with God. After the birth of his son, Methuselah, "Enoch walked with God" for "three hundred years."

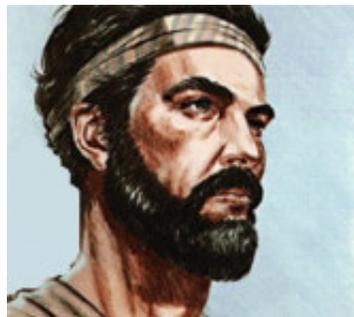
What a wonderful, long walk that must have been! It was not like taking a walk through a forest or down a trail. But it was a daily, constant, close relationship. Enoch could talk to God, and God could talk to Enoch. Enoch was careful to live his life as God wanted him to.

"And Enoch walked with God: and he was not [not found]; for God took him." Enoch's friends and family never found him because God "took him." What do these words mean? They mean that Enoch did not die! God just moved him from earth up to Heaven without dying. He was "translated" (Hebrews 11:5).

Many years later, the writer of the Book of Hebrews said that Enoch had this testimony: "he pleased God." Do you have that same testimony? If you want to walk with God and be His friend (as Enoch did), you must please God.

How can you please God? First, you must ask God to forgive you of your sins and invite Him to live in your heart. Then you need to be obedient to God and His commandments. Sin will separate you from God. If you commit sin, you will not be able to walk with God.

As you hear Bible stories in Sunday school, listen closely, for that is another way to learn how to please God. The Bible contains God's words. These words were written in a book so that



you would know about God and His Son, Jesus.

If you want God to be your Friend, you must talk to Him. That is what prayer is—talking to God. You cannot walk with God for very long if you don't talk to Him.

Can you imagine taking a long walk with a friend and never saying a word? When you walk and spend time with a friend, you talk to each other. That is how

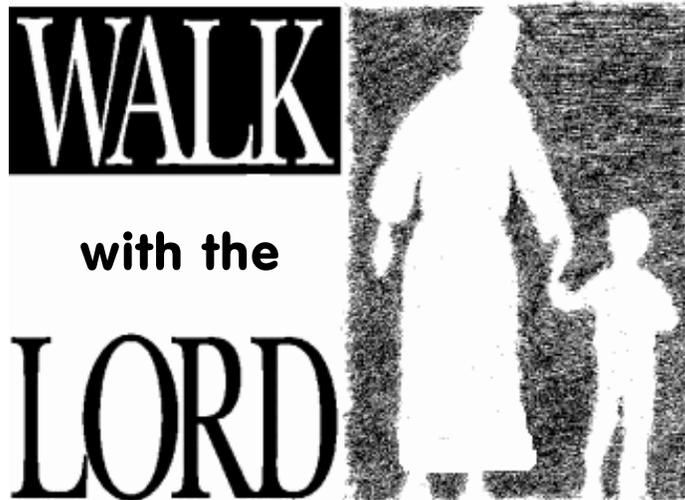
it is with God. As you walk with Him, you need to talk to Him. And then listen, for God will talk to you too. He might speak through the Bible or through your parents, pastor, and Sunday school teacher.

Do you want to go to Heaven someday? If you do, you must walk with God in the same way that Enoch did. Are you walking with God right now? If not, you can.

MEMORY VERSE:

" . . . walk ye in all the ways that I have commanded you . . . "

—Jeremiah 7:23



List Four Ways to Walk Pleasing to God

- 1. Ask God to _____
- 2. Be obedient to _____
- 3. Listen to _____
- 4. Talk to _____



Enoch Walked With God